



Upcoming meetings
Dec Xmas party at Dan Bailey's

Newsletter November 2006

Rocky Mountain Woodturners

A Chapter of the American Association of Woodturners

Next Meeting

Phil Lackey Thursday, Nov 9th, 2006
7:00 PM Industrial Sciences Building Rm 105
CSU, Mason and Laurel St. Fort Collins, CO.
This will be our last meeting at CSU for a while due to remodeling.

November Demo: Phil Lackey

For November, Phil Lackey will be doing a piercing demo along with surface texturing.

Christmas Party

The Christmas party this year will be at Dan Bailey's house on Saturday, December 9th. We'll provide more information in next month's newsletter. Get ready to volunteer to run for Secretary and/or newsletter person. There may be other positions available also. We'll know more at the party.

Lisa Doughty Demo in October

Program on Shop Safety and First Aid

Lisa Doughty, Boulder resident, Mechanical Engineer and Ski Patrol para-medical, presented a program on First Aid for people like woodturners who occasionally leave some of their DNA and/or body parts out of place, leaking, broken or displaced.

First, **be careful!** If you do not get hurt, you will not have to spend good turning time tending to injuries.

- Assess the situation. What happened – to whom – how?
- Do not become part of the problem! Stop and think.
- Life or Limb threatening? Call 911, then help the person.
- **A B C** from CPR Class

Airway – Breathing – Circulation (they all need to work).

Shop Injuries – Cuts, Abrasions, amputations.

Bleeding

- When possible, wear gloves to protect yourself and the patient.
- Direct pressure and elevation of injury.

- Pressure dressing – do not cut off circulation – profuse bleeding add bandages.
- Use pressure points to control bleeding. Wide bandages. Tourniquets are a last resort. (High percentage of limbs pass the tourniquet will suffer amputation after 30 minutes or less.)
- Use splints to immobilize body parts.
- Leave the cleaning of the wound to the professionals – Dr & nurses.
- Butterfly bandages hold well.
- Super Glue can be used in a pinch. **(This is not the same as the CA glue most turners have in their shop.)**

Burns

- Irrigate with sterile saline (like contact lens solution)
- Apply sterile, wet, cool dressing.

Impaled Objects

- Do not remove the object. Bandage with object in place. Stabilize object. Shorten is possible.

Eye Injury

- Flush
- Bandage both eyes.
- Many eye doctors have a 24-hour emergency number.

Splinting

- Immobilize damaged joints or fractures above and below injury.
- Almost anything can be used for a splint from a 2 x 4 to a rolled paper. Improvise.

Amputations

- Splint and pressure dressing.
- Never detach part even if hanging by a "thread."
- If detached, transport part with patient wrapped in sterile dressing, plastic bag, 1/4 ice, and 3/4 water.

Shock

- Is lack of blood flow to tissue.
- Pale, sweaty, cold/cold extremities, light headed, pulse high or low or weak.
- Stop blood loss.
- Keep warm. **No food or liquid.** (May cause vomiting.)

Diabetes

- Too much sugar or too little insulin? When in doubt, add sugar.

Medical Emergencies

Heart Attack

+ Classic Symptoms

Shortness of breath, Chest discomfort (continuous or intermittent), crushing chest pain, squeezing or tightness, feeling of "fullness".

+ Other symptoms – radiating pain down arm(s), back or neck pain, jaw stomach pain, cold sweat, pale or blue tint to skin, light headed, denial.

+ Women's symptoms often very different.

+ Unusual fatigue and/or weakness sleep disturbance, shortness of breath, denial.

+ Denial, less likely to believe it is a heart attack and delay getting help.

+ Less likely to have chest pain more likely to have neck, jaw or back pain.

+ More likely to have nausea.

What to do...

+ Give 2 aspirin

+ **Get person to Emergency Room...Now!**

Stroke

+ Recognize – weakness on one side of body, sharp head pain, disorientation.

+ **S T R**

Smile – can the person smile?

Talk - can the person say a simple sentence?

Raise - can the person raise both arms?

+ **Get to Emergency Room - Now! Time is critical!**

Home or Shop First Aid Check List

You should have a First Aid Kit, know where it is and use it.

Band-Aids	Triangular
Bandages (sling)	
First aid tape (cloth)	Anti-bacterial ointment
Butterflies –Steri-strips.	Finger Splint.
Scissors	Arm splint
(wire or ladder type)	
Non-stick gauze pads	Aspirin
Regular gauze pads	Over-the-counter remedies
Roller gauze	Sterile saline (contact lens solution)
Ace bandage	Sanitary pads (soak up blood)

Added Comments:

Many / most woodturners work alone, often in a basement or shop building. Learn how to be self-treating. Have a contingency plan.

Start by **Being Careful!**

Denial is a significant part of to slow treatment for heart attack and stroke. You are better off living to pay for an extra visit to the Emergency Room than dying or being disabled.

Presidents Corner

I want to update everyone on a meeting that I had with Jay Hardy, Manager of the Ranch (Larimer County Fairgrounds) and Amy Geppi, General Manager of Ovations concerning the symposium lunch service. My goal was not to complain but to resolve the problem of serving 200 people lunch. I had two solutions that I thought was reasonable. The first one was Eric, owner of Woodcraft, was willing to do a BBQ at the new Woodcraft store in Loveland. This proposal had some logistical problems but they were not insurmountable. The second was to have a lunch buffet for a cost of \$8 to \$10.

Amy agreed that a buffet for \$8 to \$10 was doable and Ovation is going to get back to me with a menu. Feedback is wanted from you, the club members.

Secondly, I asked for a letter of apology from Ovation because they were notified by me of the 2005 lunch problem when I fill out an evaluation and I again brought this concern to them prior to the 2006 symposium. Ovations agreed to write a letter of apology and provide 200 copies and Jay Hardy volunteered to pay for the mailing of 200 letters to the attendees, vendors, demonstrators, etc.

I will include a letter from the club with the letter of apology asking for input as to a lunch buffet. The cost would (suggestion Alan) be included in the cost to attend.

I am open to other suggestion but I currently feel this to be a reasonable solution to the lunch problem.

Your President:

Dave Wilson

PS: See you on the 9th of Nov.

2006 Symposium Report

Allen Jensen, Coordinator for the 2006 Rocky Mountain Woodturning Symposium gave the following report:

172 persons attended the symposium
Auction Receipts: \$1,700
Receipts total: \$20,777.00
Expenses: \$16,466.11 (to date)
(Approximate expenditures: Ranch rent, \$2,200; \$5,000 banquet @ \$25 per person included in registration.)
On hand: \$ 4,310.89

Income will allow the club to purchase sound equipment for use in demos both at the club and the symposium.

The Auction proceeds will be used for scholarship program that is in the design process. A great start!

- This symposium number (+) is a good size for us.
- Vendors were a great addition.
- Banquet and Auction an important part of the event.
- Demonstrators were excellent for our participants.
- Schedule worked very well.

Suggestions for improvement next year:

- Continued improvement on Audio equipment.
- Lunch arrangements.
- Instant Gallery item description expanded.

A **Big Thank You** to **all** who gave their time and energy to assist with the arrangements and tending the Information/Registration Desk and the Instant Gallery and the Hands On Center. And **Special Thanks** to coordinators for:

The Whole Event, Coordinator **Allen Jensen!**

Brochures, Dick Moody; Vendors, Cindy Drozda; Demonstrators, David Nittmann; Equipment transportation, Les Rice; Audio, Kent Krueger; Event support, Mark Kurzmack; Pete Holtus, Doc Thode and the Denver Club, Hands On; Advice and Counsel, Lee Carter; ruce Cohen, Auctioneer; Drew Nichols, technical/tool support; Dave Wilson and Lee Whiteside, Demo hosts; and any one else who might have missed the

“should be mentioned List” for doing what needed to be done.

The Shop

Mouse Says:

The Animal Poison Control Center is reporting an increase in the number of dogs (140 cases this year - plus many more not reported) of dogs ingesting expanding adhesives containing diphenylmethane diisocyanate (Gorilla Glue). The dogs like the peanut butter taste and once ingested, expands and hardens in the stomach. This mass of glue blocks the gastrointestinal tract and can cause a life threatening surgical emergency.



Peter Lederer

Membership Dues and Cards

2006 Membership dues are \$35. Dues may be given or sent to Treasurer, Richard Bailey (12519 Locust Pl., Thornton, CO, 80602).

Your membership card will get you a discount at several local turning supply retail stores. You can get your membership card for Secretary Lee Whiteside.

Remember the Instant Gallery

The Instant Gallery is a term unique to woodturners. It is our way of showing what we have been up to recently. We know of no other craft that uses this term to show our work wherever woodturners gather.

Bring a turning you have done to the November meeting. Here are some pictures from August provided by Ray Kowrach.



Club Auction

One of the regular features of the Rocky Mountain Woodturners meeting is an AUCTION. A volunteer auctioneer, usually the President, will auction almost anything: wood, tools and supplies that one turner has excess and someone can use. The proceeds go to the club for our supplies.

Newsletter Items

Send pictures and electronics to:
Kent Krueger kent_krueger@ieee.org

Send news to: Lee Whiteside,
2740 Lochbuie Cir.
Loveland, CO 80538
leebevwhiteside@comcast.net

FOR SALE Items

“Turned Boxes: 50 Designs” by Chris Stott \$12.50
Call Bruce Pilkington 970.587.4216

Jet JWL-1236 12”x34 ½” Variable speed Lathe \$350
Call Kent Krueger 970.635.9027

Merle Carpenter in Colorado City, 1-719-676-3972, has a piece of redwood measuring 6'4" x 3'2" x 4" for sale. It is solid, in the rough. It is waiting for someone to convert it into a fantastic coffee table. Give him a call.

Learn from the best...

Our Club is becoming known around the nation because we have some of the best turners, nationally known demonstrators and best teachers of **Basic Turning, Intermediate, and Advanced and Specialty Turning** right here in our own back yard.

Cindy Drozda, one of our RMWT members, is scheduled to teach monthly classes at Rockler Woodworking and Hardware in Denver. Cindy is an internationally recognized demonstrator and her woodturning workshops are in high demand at clubs around the country. In her work, she is known for fine, crisp details and pleasing forms. These Saturday classes will cover the design and technique skills that Cindy uses in her work.

Classes are held at Rockler Woodworking and Hardware in Denver from 9am to 4pm. Cost is \$135

including materials. To reserve your place, contact Rockler at 303-782-0588, or www.rockler.com.

Class schedule:

Saturday November 11th, 2006 – Lidded Hollow Vessel with Finial – Advanced level

Trent Bosch Woodturning in Ft. Collins offers three-day sessions of non-stop turning and carving classes.

Call Trent Bosch at 970.568.3299

E-mail trentbosch@yahoo.com

Curt Theobald offers three-day workshops in **Segmented Woodturning** in his studio in Pine Bluffs, Wyoming.

Call Curt Theobald at 307.245.3310

E-mail cwtheobald@wyoming.com

Lee Carter operates the **Rocky Mountain School of Woodturning** in La Porte. He offers classes in Basics, Intermediate and Advanced.

Nov 7-9 Basic Woodturning \$275

Nov 14-16 Christmas Tree Ornaments/ Mini

Birdhouses \$275

Call Lee Carter at 970.221.4382 to sign up or have him answer any questions.

e-mail LLJTC4X4149@CS.COM

Wood Suppliers

10% Guild discount at the following:

The Wood Emporium
618 N Garfield Ave Loveland, Co 80537

Sears Trostel
1500 Riverside Ave Ft. Collins, CO 80524

Rockler's in Denver – You have to show your membership card.

Kevin Kyhl also sells hardwood and turning stock in Ft. Collins once a month. You can email him at: kyhlwood@direcway.com to get on the notification list of when he will be in town. He will give us a 15% discount on turning stock. Just mention that you are with the RMWT and he'll take care of you.

Dan Bailey has bowl blanks for sale all roughed out, dried and ready to turn. He also has access to CA glue that is less expensive than other sources. Call Dan 970.482.1604

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